

WORKING AT HEIGHTS RESCUE (FALL PROTECTION PLAN DEVELOPEMENT)

SHORT DESCRIPTION OF COURSE AND EXPECTED COMPETENCIES

Learners wishing to acquire the competencies in this standard will be people responsible for the safety and protection of people working at height where there is a risk of injury from a fall. The learner will be responsible for the safety of others performing tasks at height. Qualifying learners are able to develop fall protection plans for people working at height, required by the Occupational Health and safety act (Act 85 of 1993).

FALL PROTECTION DEVELOPMENT TRAINING CONTENT:

OUTCOME 1: Perform a risk assessment of the worksite where work is to be done at height.





OUTCOME 2: Demonstrate knowledge of fall arrest rescue equipment and advanced fall arrest rescue techniques.

OUTCOME 3: Develop a fall protection plan and fall arrest plan.

OUTCOME 4: Manage safety of personnel working at heights.

DURATION OF COURSE	3 Days	MINIMUM STUDENTS	10
EXPECTED PASS MARK	80%	MAXIMUM STUDENTS	10
TARGET POPULATION			
UNIT STANDARD	229994	CREDITS	3
NQF LEVEL	4		

TO ATTEND THE ABOVE COURSE/S THE STUDENT MUST MEET THESE MINIMUM REQUIREMENTS:

1. NQF 1 or General Education and Training Certificate
 2. Occupational Health, Safety and General Housekeeping CFH 06
 3. Taking Basic Care of Freight Handling Machinery CFH 09
 4. It is preferable that the driver be declared physically fit and have completed an eyesight test (such as the Operator test, the Purdue University Test No 3 etc.) and an industry recognized depth perception and hand eye co-ordination test
-  Fall arrest equipment and limitations.
 -  Fall factors and shock loading.
 -  Content of fall protection plans and legislation governing work at height
 -  Knowledge of the mechanism for suspension trauma

EXAMS/TESTS WILL BE DONE ON: COMPLETION OF PRACTICAL EVALUATION