

## WORKING AT HEIGHTS FALL PROTECTION PLAN IMPLEMENTATION (RESCUE)

### SHORT DESCRIPTION OF COURSE AND EXPECTED COMPETENCIES

Learners wishing to acquire the competencies in this standard will be people working at height where there is a risk of injury from a fall. Learners will be involved in performing tasks at height. Qualifying learners are able to take responsibility for inspection and installation of fall arrest systems and for implementing fall protection plans and rescues.

### FALL PROTECTION IMPLEMENTATION TRAINING CONTENTS:

**OUTCOME 1:** Explain the use of a range of fall arrest equipment and knowledge of applicable regulations

**OUTCOME 2 :** Explain and use basic rope knots

**OUTCOME 3** Install and use fall arrest systems.

**OUTCOME 4** Inspect and assemble fall arrest equipment and systems.

**OUTCOME 5:** Interpret and implement a fall protection plan.

**OUTCOME 6** Perform basic fall arrest rescues to bring a casualty down to safety.

<b>DURATION OF COURSE</b>	2 Days	<b>MINIMUM STUDENTS</b>	10
<b>EXPECTED PASS MARK</b>	80%	<b>MAXIMUM STUDENTS</b>	10
<b>TARGET POPULATION</b>	learners to take responsibility for inspection and installation of fall arrest systems and for implementing fall protection plans and rescues.		
<b>UNIT STANDARD</b>	229995	<b>CREDITS</b>	3
<b>NQF LEVEL</b>	2		

### **TO ATTEND THE ABOVE COURSE/S THE STUDENT MUST MEET THESE MINIMUM REQUIREMENTS:**

- Communication at NQF Level 1 or equivalent.
- Mathematical Literacy at NQF Level 1 or equivalent.
- Fall arrest equipment and limitations.
- Fall factors and shock loading.
- Content of fall protection plans and legislation governing work at height.
- Knowledge of suspension trauma.

**EXAMS/TESTS WILL BE DONE ON: COMPLETION OF PRACTICAL EVALUATION**