

## FIRST AID LEVEL 1 AND 2

### SHORT DESCRIPTION OF COURSE AND EXPECTED COMPETENCIES

Students will, after passing the prescribed exam:

- Be able to resuscitate a patient (CPR)
- Be able to control bleeding
- Be able to stabilize a patient after experiencing a fall (Head & Spinal Injuries, fractures)
- Be able to treat a patient with burns (Electrical, Chemical, etc)

### FIRST AID TRAINING CONTENT:

**Module 1: General Principles and First Aid**

**Module 2: Emergency Scene Management**

**Module 3: Patient Assessment**

**Module 4: Cardio Pulmonary Resuscitation**

**Module 5: Choking**

**Module 6: Shock**

**Module 7: Dressings and Bandages**

**Module 8: Injury Emergencies**

**Module 9: Burns**

**Module 10: Head and Spinal Injuries**

**Module 11: Injuries to the Chest**

**Module 12: Injuries to the Eyes, Ears and Hands**

**Module 13: Pelvic and Abdominal injuries**

**Module 14: Medical Emergencies**

**Module 15: Unconsciousness and Fainting**

**Module 16: Convulsions and Epilepsy**

**Module 17: Diabetes**

**Module 18: Poisoning**

**Module 19: Bites and Stings**

**Module 20: Environmental Emergencies**

**Module 21: Rescue carry methods**

**Module 22: Basic Contents of First Aid Kit**

**Module 23: HIV/AIDS**

**Module 24: Basic Anatomy and Physiology**

<b>DURATION OF COURSE</b>	3 Days	<b>MINIMUM STUDENTS</b>	5
<b>EXPECTED PASS MARK</b>	80%	<b>MAXIMUM STUDENTS</b>	15
<b>TARGET POPULATION</b>	ANY PERSON INTERESTED IN FIRST AID		
<b>UNIT STANDARD</b>	120496	<b>CREDITS</b>	5
<b>NQF LEVEL</b>	2		

### **TO ATTEND THE ABOVE COURSE/S THE STUDENT MUST MEET THESE MINIMUM REQUIREMENTS:**

1. STUDENTS WILL BRING PEN, PENCIL, RULER AND WRITING PAD TO THE COURSE.
2. STUDENTS MUST BE ON TIME TO START THE COURSE.
3. MUST BE LITERATE IN THE ENGLISH LANGUAGE.

**EXAMS/TESTS WILL BE DONE ON: THE MORNING OF THE LAST DAY – COVERING THE WHOLE COURSE.**