

## BASIC WORKING AT HEIGHT

### SHORT DESCRIPTION OF COURSE AND EXPECTED COMPETENCIES

After successful completion of this module, you will have the necessary knowledge and skills to safely:

- Adjust and inspect Fall Arrest Equipment
- Use a Fall Arrest Equipment and associated equipment
- Climb a pole or structure using the Work from height systems
- Work from an elevated platform using the work from height system
- Supervision of person working at height

### WORKING FROM HEIGHTS TRAINING CONTENT:

**Outcome 1** - Describe the requirements to safely perform work in elevated positions

**Outcome 2** - Describe the requirements to correctly inspect, care for and store fall arrest equipment

**Outcome 3** - Describe the safety, health and environmental principles with regards to working platforms, ladders, scaffolds and walkways in elevated positions

<b>DURATION OF COURSE</b>	2 Days	<b>MINIMUM STUDENTS</b>	10
<b>EXPECTED PASS MARK</b>	80%	<b>MAXIMUM STUDENTS</b>	10
<b>TARGET POPULATION</b>	Any Person working 2m above floor/ground level		
<b>UNIT STANDARD</b>	120362	<b>CREDITS</b>	4
<b>NQF LEVEL</b>	3		

### **TO ATTEND THE ABOVE COURSE/S THE STUDENT MUST MEET THESE MINIMUM REQUIREMENTS:**

1. STUDENTS WILL BRING PEN, PENCIL, RULER AND WRITING PAD TO THE COURSE.
2. STUDENTS MUST BE ON TIME TO START THE COURSE.
3. MUST BE LITERATE IN THE ENGLISH LANGUAGE.

**EXAMS/TESTS WILL BE DONE ON: COMPLETION OF PRACTICAL EVALUATION**